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THE DAKOTA STUDENT

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UND alumna wins contest in her Lucky Lady plane



Photo courtesy of librestock.com

F-18 Hornets like the Blue Angels (pictured above) have excellent maneuverability and are commonly seen doing aerobatics during air shows.

DAVID OWEN
THE DAKOTA STUDENT

For two hours on August 22nd during a beautiful summer evening in perhaps the busiest airport in all of North Dakota, Hillsboro, people came from all across the state to celebrate their passion of aviation together. Throughout the contest, dozens of people were in attendance. Parents with their children, college students and elders of the community were in attendance. Former war veterans and farmers were also present.

Driving in, one could

hear the sounds of propellers as many planes flew overhead, showing off maneuvers in the sky.

The main purpose of the gathering for the aviators was not only to enjoy the comradery of the flight community, but also a friendly contest between them to see who on that day was able to land closest to a thin line of chalk placed on the runway, with both cash prizes and bragging rights on the line for the whole rest of the year.

The entire contest was almost non-stop action, with planes of all different designs and sizes landing con-

stantly, but the most notable approach was when three planes appeared to fly in formation around the entire airport before each sequentially landing. The winner of the contest was UND alumna, Heather Sorum, who landed in her plane Lucky Lady, directly on the line itself. In addition to the contest, there was plenty of opportunities to appreciate the beauty of the aircrafts, whether it be a Green and White UND themed aircraft, a multi-engine, or a classic plane from the 1950's. Planes of the past, present and future of aviation were fully on display.

As the contest wound down, I was given the opportunity to sit down and talk a little bit with the owner of sponsoring company Northern Aero, Carson Pedigo. Pedigo a UND alum himself, stated that for him the principle goal was to give back to the community which had both given him his love for aviation, and the ability to be financially successful while living his dream.

According to Pedigo, "Aviation for me is more than a career; It is a way of life. It brings people closer to family, it helps the world

become more connected."

Meanwhile, according to the community, Pedigo has been a godsend, not only providing a needed service but also always willing to go above and beyond the call of duty, such as when he personally helped two travelers finish their North Dakota passport to aviation after their plane failed and needed repairs at his shop.

It was clear Pedigo embodied exactly what the UND flight program hopes to inspire its students to become, not only great aviators, but leaders who become the heads of their communi-

ties, enabling the hobby and forging future generations of aviators.

All in all, it was the perfect close to a summer vacation for a student, and a phenomenal experience for anyone considering joining a field which has given so many people not only a career, but a hobby for life.

David Owen is the news editor for The Dakota Student. He can be reached at dowen123455@yahoo.com

Grand Forks embraces diversity with pride festival

RACHEL COX
THE DAKOTA STUDENT

This past weekend, the lesbian, gay, bisexual, transgender community came together to show support, spread awareness and celebrate love.

In the midst of a gloomy and rainy day, the Greater Grand Forks Area could still find a splash of color at the American Legion Saturday afternoon. Due to inclement weather, the 2nd Annual Pride in the Park, which was originally going to be held on the Greenway, was forced inside. But that didn't stop the crowds from turning up.

Not everyone at the event was LGBT.

"It's nice to support everyone who might not get that support at home," Sarah Wren said, a supporter of LGBT. For some, events like Pride in the Park are all they have. There isn't always the support of friends and family, and sometimes, they are left feeling alone.

"Meeting up here and seeing other people who have gone through similar problems, I feel at home," said Wren.



Photo courtesy of librestock.com

Grand Forks Pride is an annual event celebrating the diversity of the city.

People who identify as being LGBT clearly are not alone. With booths from various organizations, businesses and churches from around the community, there were a lot of voices aligning with these people.

Katie Davidson, Director of the International Center at UND, had a booth at the event because she wanted the LGBT community to know there are safe places on campus for people to go to. It was especially a statement to help the international LGBT students at UND feel free to be who they are, even if back home they couldn't be.

With music blasting and people buzzing, Pride in the Park seemed to have the atmosphere that organizers Kyle Thorson and Bev and Sue Quirk were hoping for.

"It's a great opportunity for people within the community to come together and celebrate the diversity here in Grand Forks," Thorson said about the event.

He went on further to talk about how it isn't just for

PRIDE: PAGE 2

PRIDE | 1

FROM

openly gay or lesbian people. There are still a lot of people who haven't come out yet in this area because of the stereotypes surrounding rural areas. "It's a space to let you know that there are people who support you."

Becky understood this all too well, with having a gay relative. "I have always told all my children that I will be happy if they marry the love of their life. It doesn't matter if that person has the same gender as them or not. That person just has to be a good person." Although Becky is a strong ally for the LGBT+ community, not everyone is, even within her own family. That's why she is such a passionate advocate.

Pride in the Park is an event to show that being who you are is the only way to be. With such a strong support system, members of the LGBT+ community will come to realize that there is nothing to fix about themselves and that there will always be someone there for them. "It's not broken," Becky said. "They're perfect."

Rachel Cox is a staff writer for The Dakota Student. She can be reached at rachel.a.cox@und.edu

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Welcome to your new opinion page, lets get started

MATT EIDSON
THE DAKOTA STUDENT

I love this time of year. The temperature slowly cools down while the trees begin to change from various shades of green to brown, red and yellow. The smells of autumn begin filling the air as the jackets come out and the backpacks get dusted off. The entire mood in the town of Grand Forks shifts as the students attending the University of North Dakota return from their summer break with a sense of purpose, motivation and the notion that anything is possible., and, obviously, hockey kicks off.

As the school year progresses though, the strain and stress associated with college is multiplied more and more everyday. The course load seems heavier, the schedule seems busier and the professors seem less lenient. But for those first couple of weeks in fall, every student has the world by the tail and is absolutely confident in their abilities, ready to face their future head-on with a newfound—or perhaps renewed—sense of accomplishment.

I love the feeling of walking onto campus and sensing the excitement in the air, that electric buzz of the collective student body eager to continue their journey at UND for a new school year.

And what a year 2016 is

shaping up to be. While we’ve seen more than our fair share of heartbreak with the passing of Prince, Alan Rickman, David Bowie and Muhammad Ali, just to name a few, there is still hope for the rest of the year. With the start of the new school year, this is a moment in time where we can look up and push forward, not wallow in the past.

Speaking of moving for-

ward, UND finally has a new logo to go along with the name Fighting Hawks. While I understand the animosity many students, alumni and fans feel towards the logo, I for one have grown tired of the debate and constant arguing. As I see it, what’s done is done, and the hard part is over. All that’s left now is to adjust and accept the new logo. Because try as you might, its not going away.

“Remember, this is your chance, this is your paper and this is your voice; use it wisely.”

Matt Eidson
Opinion page editor

From this point on, I have every intention of embracing the new name and logo,

years prior.

You might disagree with my thoughts on the matter, and that’s okay. If you do, you should write a letter to the editor and we at The Dakota Student will see that your thoughts on the matter are printed in the next issue. We’re not ones to shy away from opposing opinions, and we welcome the thoughts and opinions of the student body.

This year—or this semester at least—I will be your opinion editor for The Dakota Student. I have not writ-

ten for the student paper for very long, but regardless of my experience, I’d like to give everyone curious enough to read this an outlook report; an idea of what I want the opinion section to be this semester.

As we have a presidential election coming up, I have every intention of introducing different points of view in regards to the candidates from students around the campus.

the candidates are less than admirable, I am nevertheless excited about the simple fact everyone is finally talking about politics, especially the younger generation. Its as if our generation has been on autopilot (for the most part, if you’ve been active in political debates then this is obviously not directed at you) for years now, but has finally woken up.

book? Do you have a favorite band? Do you think going vegan is the only way to stop global warming? Do you think there are certain political matters we should be paying more attention to? If you have any thoughts or opinions you want to express, write to us.

While I am the editor of the opinion section, this small portion of the paper is not mine, it’s yours. This section can and must serve as an outlet for your voice to be heard. Now more than ever, it is imperative that we encourage healthy and respectful debate amongst ourselves, especially in light of such a controversial election coming up in November.

Love or hate Trump? Write to The Dakota Student. Disagree with an opinion piece written by one of us? Write to The Dakota Student. Want to highlight something important on campus we may have missed? Write to The Dakota Student.

I look forward to serving you this semester by sharing your thoughts and opinions. Remember, this is your chance, this is your paper and this is your voice; use it wisely.

Matt Eidson is the Opinion Editor for The Dakota Student. He can be reached at stewart.eidson@und.edu

Movie review, AFI’s 100 Years...100 Movies

MATT EIDSON
THE DAKOTA STUDENT

It recently came to my attention that the American Film Institute (AFI) has a few lists of movies they’ve compiled. Of those lists, there is one I’ve decided to begin working my way through by watching all the films it includes: AFI’s 100 Years...100 Movies: 10th Anniversary Edition.

As the name suggests, the list is comprised of 100 movies that have been released over the past 100 years. To be completely honest, the list isn’t for everyone. And by everyone, I mean this: if you can’t imagine sitting through a black and white film, a musical, or both, then this is not the list for you.

As a side note, I personally can’t imagine sitting through either of the previously mentioned films, but I’m bored most of the time, so I’m ready to subject myself to hours of show tunes in the off chance someone reads any of my movie reviews and thinks “hey...I like this guy’s opinion.”

However, there are quite a few classics on the list that are more modern and well known. Films like “Star Wars,” “Schindler’s List” and “The Godfather” are a few examples of some of the more high-ranking films.

Regardless of my thoughts on some of the films, I have decided that in order to call myself a movie fan, I need to be able to say I’ve watched these films. And since I’m going to do this, I figured why not share my thoughts on the films with the readers of The Dakota Student? I have an opinion section to fill, after all. So over the course of this semester, I will be watching the movies as often as possible and sharing my thoughts via the opinion page. If you have any feedback on any of the movie reviews, by all means, write to The Dakota Student and let us know.

First on my list of mov-



Pictured above (left to right): Willem Dafoe, Charlie Sheen, Tom Berenger

Photos courtesy of rnbk.info

ies to watch this semester is currently number 86 on the AFI’s list, “Platoon.” Directed by Oliver Stone and starring Charlie Sheen, Willem Dafoe and Tom Berenger, “Platoon” follows a young man (Sheen) who has traded in his life of privilege for one of combat duty in Vietnam with the United States Army.

Over the course of his time in Vietnam, Sheen’s character discovers the good and evil in both his enemy and his comrades. Throughout the film, viewers are invited to peek behind the veil commonly placed between the average American and the reality of war.

That’s what stuck out most to me when watching this film: the way it chose to depict the Vietnam War. In my opinion, there are far too many films that try and fo-

cus on the glory of battle and make the entire ordeal out to be a collage of bravery, like “We Were Soldiers,” for example; while there is certainly bravery in war, it hardly plays out the way that film depicts it.

While “We Were Soldiers” was a great movie, there’s a certain truth and grittiness that gets overlooked. The men in the movie are clean-cut, fresh out of college and wish for nothing more than to serve their country, several of who die dramatic deaths in slow motion while attempting to save a fellow comrade. While this demographic certainly exists, it is actually a small group. The overwhelming majority of men and women in the military are fresh out of high school and scared out of their minds, yet stepping up in the face of

danger to protect each other. This is where “Platoon” succeeds where most war films do not.

The grim reality of war is shown within minutes of the film beginning, as Sheen arrives in Vietnam only to come into contact with body bags of soldiers being sent home.

The film continues to address the realities of not only war, but the men involved, by taking a few minutes to address the men of the platoon Sheen’s character is in. With some inner dialogue by Sheen, the film points out that most of the men have only two years of high school, and maybe a job back home if they’re lucky. Sheen’s dialogue points out the irony in the fact that though these men are considered part of the lowest of society in America, they are the ones who are in

Vietnam protecting it.

Now, as a Marine who served for eight years and completed tours to Iraq and Afghanistan, I’ve seen behind the veil that commonly shields the public from the reality of war. There is a lot that gets overlooked when imagining war and all the facts that go along with it.

Considering what I’ve seen, “Platoon” does a fantastic job of capturing the little things you simply don’t see in several films. Things like filling sand bags all day, getting little sleep and hiking for hours on end until you collapse from exhaustion.

So if there’s anyone amongst our readers who enjoys war flicks, but hasn’t seen “Platoon,” I would highly suggest you take some time to watch it. It’s a fantastic film with great visual effects, supe-

rior acting and a truth in the content you won’t see in most films. Plus, along with being ranked number 86 on AFI’s 100 Years... 100 Movies—10th Anniversary Edition, the film also won four Academy Awards in 1986, to include Best Film and Best Director.

Matt Eidson is the Opinion Editor for The Dakota Student. He can be reached at stewart.eidson@und.edu

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Social “ME” dia: politics and the power of empathy

CODY DEITZ
CONTRIBUTING WRITER

It’s that time of year again: the latest election cycle is running through the air and wire and screen, etc., ad nauseum. Something has changed, though—where you once debated this candidate v. that candidate over the kitchen table with family and friends, much of that discussion seems to now happen over social media. Through the magic of Facebook or Twitter, you can engage with huge numbers of people at once. You find that you have a philosophical ally in that odd acquaintance, or that a family member approaches an issue in a way radically different than your own. It’s all a giant echo chamber and people are more than happy to sound off.

This phenomenon is nothing new, and certainly has its pleasures. It’s stimulating to receive such varied feedback instantly, and incredibly easy to go back and forth with several folks, detailing the finer points of a particular policy or political figure (though to be fair, the level of sophistication is hit or miss). But this social media debate stage also has its drawbacks. Just like their in-person counterparts, these online debates can become heated.

This comes as no surprise: where we stand politically has everything to do with who we are and what we believe at our cores—how we see the world at a fundamental level. And indeed, it is the most polarizing issues that draw people in, that get them engaged. It is in these issues that people feel they have something at stake. So naturally, the de-

bates can become less than civil, and people can get pretty damn worked up; feelings get hurt, friendships (however real or digital they are to begin with) fracture, and no one really changes their mind about anything. No winners are declared—no glove raised up in victory. At best, the major parties feel they come away having said their piece and not feeling too hurt. At worst, people cut their ties with others due to apparently irreconcilable differences.

Frankly, it’s no wonder these discussions devolve into emotional debates. After all, we’re breaking one of the cardinal rules of polite conversation: politics and religion are not to be broached. Our grandmothers might have been onto something there—avoiding those topics keeps the peace. But shouldn’t we be able to discuss those things that matter most to us without banging our chests and digitally shouting at one another? Shouldn’t we be able to have interesting conversations—and disagree—while keeping the peace? I think it’s critically

“We want peace; we want people to live happy, fulfilling lives; we want everyone to get a fair shake.”

Cody Deitz
Contributing writer

important that we do. Traditional conversation etiquette hasn’t quite translated to comment section of Facebook, and it’s imperative that we devise

new ways to engage with one another and maintain our friendships.

I propose we cultivate a level of metacognition; we need to think about our thinking, and understand that the

those areas where we find disagreement, and rejoice when we encounter intelligent opposition. Those are the points where we learn the most about ourselves, where we see our positions defamiliarized and made strange-looking and new. And while our politics may be built from our core beliefs about the world, and be inextricably connected with who we are, I think we must challenge ourselves to see beyond our political differences and look towards what we aim to accomplish—what we think is important.

For example, I found myself in a recent debate on gun legislation (stemming from the tragic shooting at Pulse in Orlando). I attempted to make the case that it was philosophically problematic to disarm civilians out of fear, and my col-

leagues urged that stricter gun laws were necessary and would help quell the fatal outbursts that seem to be on the rise. This debate went on for some time, and I came to see my colleagues and reactionary and arguing for an unnecessary in state control, and I’m sure they came to see me as stubborn and insensitive. While we certainly were not happy with the other, there was a settling down where we seemed able to separate the person from their views, and we realized that we wanted the same thing: fewer tragedies, fewer deaths by gun violence—but that we disagreed fundamentally on how to go about doing that.

Even when debates become emotionally-charged, it’s crucial to continually try to take that step back and remember that for the most part,

we all want the same things. We want peace; we want people to live happy, fulfilling lives; we want everyone to get a fair shake. When we realize that we so often want the same things, the rest of the debate becomes pragmatic: what’s the best way to get there?

And even when we disagree vehemently, we should strive to treat each other like rational human beings, not caricatures of our political or philosophical opposition. With a little more respect leveled across the board, especially on social media where such civility is not required (and indeed—often hard to come by), we might actually hear one another better, keep our friends, and perhaps value more those who see the world different from us.



Photo courtesy of pixabay.com

Pictured above: social media sites commonly used by people around the world.

Unplugged, or why I quit social media

MATT EIDSON
THE DAKOTA STUDENT

My routine has been the same for several years now: wake up, turn off my alarm and browse through Facebook while my mind’s fog dissipates and I mentally prepare for the day ahead.

When Facebook first started to get popular (and I remember when this happened, I’m almost 29 years old after all), that was a perfectly acceptable way to spend the first few minutes of your morning. After all, ads weren’t a huge part of the early Facebook, so it was mostly just informative posts about what your friends were up to that day and if anything sad, exciting or happy had happened to them, which was why I enjoyed social media in the first place.

And then, somewhere along the way, things began to change.

Suddenly, I was adding people to my ‘friends list’ I had only met once or twice. Shortly after that, I was allowing follows from people I had only heard of but never actually met.

Then the ads started to come, ads that were suspiciously specific to my tastes and personal views, which genuinely freaked me out because the only way Facebook could have gotten that information is if Amazon and/or Google were allowing them access to my search preferences.

Then it continued to get even worse. People on my “friends list” began posting intentionally false statements or articles they had located on the Internet, articles that served as satire but were often misconstrued as truth because of their appearance.

Certain people began to leave negative comments on other pages that expressed views different from theirs, and since we were “friends,”

was bored, I would simply open up Facebook and wallow in the horrifying nature of human beings for a few minutes, then move on with a shake of

world: something that might actually make me happy. So, I unplugged.

I woke up one morning and began turning every ap-

“I had the National Public Radio (NPR) application, the Associated Press (AP) application and the Minnesota Public Radio (MPR) application as well. I could easily shutdown Facebook, open up one of those applications and begin getting my news directly from the source; enriching my life instead of making myself angry.”

Matt Eidson
Opinion page editor

that comment linked back to me, giving me a view of someone that, it turns out, I didn’t know as well as I thought I did.

After a few years, Facebook and other social media outlets had become a hateful, disingenuous pool of people verbally attacking one another and providing themselves with soapboxes on matters they had very little knowledge of.

I began to become angry every single time I would open up the application on my cell phone. Some celebrity had done this, some sports hero had fallen from the graces for doing this; it all became too much. But for some reason, I couldn’t just turn away from it. Like a horrifying car accident on the side of the road as I drove by, I simply had to steal a peek.

I found that browsing social media had become a large part of my life. Whenever I

my head.

What disgusted me more than anything was that fact that, while browsing Facebook, I knew there were better things I could be checking with my cell phone at that time. I knew I had the National Public Radio (NPR) application, the Associated Press (AP) application and the Minnesota Public Radio (MPR) application as well. I could easily shutdown Facebook, open up one of those applications and begin getting my news directly from the source; enriching my life instead of making myself angry.

So then, one recent morning, it finally occurred to me that I didn’t have to put up with this sort of nonsense. All this time I wasted making myself angry on Facebook, I could be reading a new book or getting ahead of my homework. Honestly, I could have been doing anything else in the

application off. I started with Twitter, then Instagram, then Snapchat and then finally, to cap it all off, Facebook. I turned every account off, deleted the applications and put my phone down on the counter beside my bed, a weight off my shoulders and some time on my hands.

From that point on, I began to use different applications on my phone when I was bored, NPR and AP mostly. Anytime I found myself bored and needing to waste a few minutes, I’d open one of those applications and get my news from, you know, a real news source.

Days into my endeavor and I can genuinely say I don’t miss social media at all. I don’t miss my old morning routine of checking Facebook or Instagram, and I certainly don’t miss getting myself worked out over trivial matters. I picked up a new book,

I knocked out my homework a couple days in advance and I began talking to more people around me.

I had another moment that made me feel even better about my decision as well. One morning I went outside to let my puppy use the yard, and while waiting for her to finish her business, I went to open up my phone and check my social media accounts, only to remember I didn’t have them. So I put the phone in my pocket and did something I haven’t done in a long time: observed.

I looked up and down the street I live on and just noticed everything around me. I noticed the cars parked outside the houses, the quiet in the air in the early morning hours

and the coolness of the breeze that graced that morning. It was truly a feeling of finally becoming “unplugged.”

So noting my accomplishment above, I’d like to propose a challenge to the student body: unplug yourself for a few days. Lets go ahead and say three days, turn off your social media applications for three days and see how you feel about it. Maybe you’ll have an experience like mine, or maybe you’ll hate it. Either way, give it a chance. You never know what you might notice once you’re unplugged.

Matt Eidson is the Opinion Editor for The Dakota Student. He can be reached at stewart.eidson@und.edu

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Freshmen: getting involved can only help

JACOB NOTERMANN
THE DAKOTA STUDENT

Every August, thousands of freshmen move into their first college dorms and acclimate to the beginning of their college careers. With that comes a list of social tasks that all must endure: actually talk to their new roommate, discover where Merrifield Hall is located and swim through the streets of booths for student organizations.

Many try to avoid these booths while others, at the very least, will pick up the free knick-knacks. These booths can do much more than simply dispense frisbees, they can transform a shy freshman into an advancing college student.

Meet Michael Kelsch, a junior at UND studying political science. He went through high school being a rather quiet student, but that's not who he wanted to be.

"I was never really socially involved in high school; I was always working," Kelsch said. "Me coming to UND and joining all these student organizations felt like I had a second chance and do stuff I always wanted to do."

Almost immediately, Kelsch began attending the weekly meetings for the Hall Government of Johnstone-Fulton. There, he was able to branch out to fellow JF students as well as those also interested in politics as a career. In just one year, this quiet Bismarck native developed the reputation and gathered the votes he needed to become President of Johnstone-Fulton Hall Government, who complete every



Geography club president Elijah Sack speaks to students during the Student Involvement Expo this August. Photo by Daniel Yun/The Dakota Student

meeting with a "we are the best hall government."

Kelsch is not alone in his upward development. A study was conducted at Purdue University to see if there is a correlation between a student's GPA and involvement in student organizations. The study says that "student involvement enhances the overall college experience and the development of transferable skills for undergraduate students. Participation in student organizations can lead to the develop-

ment of social and leadership skills, higher retention rates, heightened self-confidence, improved satisfaction with college, the ability to see course curriculum as more relevant, and further success after college."

The study showed that students who were members of a student organization average about 0.1 points in their GPA, where officers saw a boost of roughly 0.2.

But there's no reason to jump head-first into every

group that looks interesting, because the study also showed no correlation between GPA and the number of groups a student was a member of.

There are people who are worried about school work filling up all their free time. After just leaving the stressful life of high school, simply the thought of joining an organization can seem overwhelming. College is a whole new ball game. There is no shame in going once or twice to get a groove of things, then stop-

ping if you have to. Strss is harmful to oneself in the short and long terms. But if you have the time, joining is fun in the short term, and successful for the long term.

Jacob Notermann is a staff writer for The Dakota Student. He can be reached at jacob.notermann@und.edu

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Going tray-less in campus dining halls

SHELBY JOHNSON
THE DAKOTA STUDENT

Students of the past would show up to dining halls and fill their trays with pounds of food. The food that our dining hall staff prepared lured students and they were going to try bits of everything. The student's plates were heaping. With their trays bending in the middle, the students would make their way to their seats. One bite would be taken from each of the different foods and the rest would go to waste. This is obviously an exaggeration, but the picture is clear and a change must be made.

The change started last fall when Wilkerson complex was completed. Starting this semester, each of the dining halls will implement the tray-less action as well. UND did this for multiple reasons. The first is the fact that students of the past were gaining unnecessary weight. The trays started to allow students to not focus on the fact that they were over-eating. Their stomachs started to grow as big as their eyes. This became an issue to the university about if they were allowing this to happen. The tray-less action taught the students, without them knowing, portion control. Students have been taught that they didn't need everything on their



Photo by Nick Nelson/The Dakota Student

Students browse the breakfast options at the official opening of Wilkerson Commons on September 23, 2015.

trays.

Second, they started this action to decrease on waste. The university was wasting too much food and water. At first they didn't know the best way to address this problem. Eventually they found their way to the dining halls. They thought if they took out trays, not only would it be

one, per student, less thing to wash, but it would force the students to stop grabbing so much food. This would decrease the amount of uneaten food and the amount of water used to wash the trays afterwards.

Third, as this branches off of the second and first, the tray-less action means a

decrease in cost. The university has a cut in costs for food, especially. Less food is being wasted by students, less water is being used for the trays, and less time is being consumed by employees of the university's dining hall. All these things lead to a lesser amount of cost for the university.

Some students would

believe that this would be a bad thing. If they were still hungry, they would have to walk back to get more. This is just a mere inconvenience to these students, but they keep track of how often they were to get up for more food. Some students don't realize the environmental benefit to most of the new implementations

that are happening around the university. These new changes are the university's hope of helping the cause in the bigger picture.

Shelby Johnson is the Features Editor for The Dakota Student. She can be reached at shelby.marie.johnson@und.edu

Increasing popularity of midwives in North Dakota

NICK SALLEN
THE DAKOTA STUDENT

It matters how one gives birth and how one is born. During the 20th century, midwifery waned in popularity as the location of birthing in the United States became increasingly more common inside a hospital. Midwives were replaced by physician birth attendants, and the legal status of midwifery was threatened due to the new competitive market. The

ancient profession, which can be found in almost every major culture, was on the brink of being completely illegal. Currently, midwifery is entering a renaissance of legality due to a handful of advocacy groups and studies highlighting some of the benefits of home-birth midwifery as a viable alternative for some families.

In North Dakota, only nurse-midwifery is allowed and licensed by the state. This practice is largely hospital-based. Certified midwives and professional

midwives, which are not allowed in the state, typically work in private homes and freestanding birth centers. They are the only U.S. birth attendants whose education and clinical training focuses exclusively on out-of-hospital birth settings. Currently, there are 28 states that allow at-home midwifery.

Pregnancy and childbirth impact the health of women, newborns and families on a physical, emotional, mental and spiritual level. Midwives are experts in normal birth and adept at

ensuring excellent outcomes for women and infants. In the U.S., midwives aid in 10 percent of all births. Compared to the rest of the world, midwives account for approximately 70 percent of all childbirths, according to Midwives Alliance North America.

Studies have shown that midwife birthing decreases the risk of cesarean delivery and premature birth. In addition, families who opt for midwife-assisted birth describe having a more empowering and satisfying ex-

perience.

The countries with the lowest infant and mother mortality rates are those in which midwifery is a valued tradition. Midwife-led maternity care results in reduced infant and maternal mortality, fewer medical interventions, decreased costs, increased savings and improved client satisfaction.

At this point in our national history, women and families are seeking for more childbirth options. The kind of knowledge that a midwife can pass on to a family go-

ing through homebirth will aid couples into engaged, informed, and empowered parents of the children who will lead our next generation forward. By keeping the practice illegal in 22 states, the United States is hindering parents freedom of choice and access to information.

Nick Sallen is the Editor-in-chief for The Dakota Student. He can be reached at nicholas.sallen@und.edu

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UND UNIVERSITY OF NORTH DAKOTA
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The Fighting Hawks welcome opponents for 6th annual UND Classic

North Dakota fans flood Betty Engelstad Sioux Center for a record high attendance

ADAM GUNDERMAN
THE DAKOTA STUDENT

The Fighting Hawks volleyball team will look to improve upon their successful 2015 season this year. Last year, the Hawks' season was ended at the hands of Idaho in the Big Sky conference tournament capping off a 21-13 record.

The 2016 campaign kicked off over the weekend at Betty Engelstad arena as the Fighting Hawks hosted their sixth annual UND classic. Ole Miss, Omaha and UC Davis all traveled to Grand Forks for the event.

The Hawks came out on fire as they swept Omaha 3-0 winning 25-17, 25-12 and 25-18. After a shaky start, they finished strong.

"Once we got some nerves out, we played a lot better," UND head coach Mark Pryor said.

The fans also started the season well as 2,056 fans attended to show their support of the Fighting Hawks. This was the fourth-largest crowd to watch volleyball at Betty Engelstad arena.

The following day, UND took on the SEC's Ole Miss. The Rebels took the first two games 25-23 and 27-25. The Hawks flew back to tie up the series 2-2 with 25-23 and 25-22 victories. In the decisive game 5, Ole Miss was able to edge UND by a 17-15 score.

While Ole Miss is among the elite, the Hawks hung with them throughout the matches. Pryor does not believe in moral victories in this case.

"They go to the same



Photo by Nick Nelson/The Dakota Student

UND middle-hitter Faith Dooley prepares to spike back to NDSU during a game last season.

NCAA tournament we go to," Pryor said, "As a program, we have to be passed that. We're playing games to win, not oh, yay, we did well against so and so."

Later that night, UND faced off against UC Davis. The Hawks fell in three straight matches, 25-23, 25-22 and 25-18.

Two Fighting Hawks were named to the all-tournament team: senior Chelsea Moser and junior Tamara Merseli.

This is Morseli's first season at UND. She is one of five transfers who have come to play for the Hawks.

The five new transfers are not the only new additions for UND. Over the summer their home, Betty Englestad arena, added two 20'x10' LED video boards to enhance the experience for both volleyball and basketball games in the 2016-2017 seasons.

The Hawks head to South Dakota on Tuesday, August 30

before coming back home to face Texas-El Paso and Texas Tech on September 2 and 3. They then go on a long road trip that will take them to Ala., S.C., S.D. and Minn.

The first conference game for UND is September 22 against Southern Utah. Every game, other than the NDSU game, until the end of the season in November is against conference foes. These are the must-win games for the Hawks.

"We've gotta be trending towards the end of September, October and November with what we want to do conference wise," Pryor said, "To be aggressive and really gear up and get ready to attack the Big Sky Conference once we get to that first home match against Southern Utah."

The Hawks have gone an impressive 34-9 at home since the 2013-2014 season including the games from last weekend. Head on over to the Betty

this weekend to watch them take on Texas-El Paso and Texas Tech. Tickets are free for students all season long.

Adam Gunderman is a staff writer for The Dakota Student. He can be reached at adam.gunderman@und.edu

UND falls short against University of Minnesota

The Fighting Hawks lose first match of the season against the Golden Gophers

HUNTER PLANTE
THE DAKOTA STUDENT

North Dakota headed down to the Twin Cities to take on the Minnesota Gophers over the weekend. The Fighting Hawks, who came off a double-overtime win against South Dakota, wanted to get off to a good start against the 17th ranked team in the nation. The Hawks struggled against the Big Ten rivals and eventually fell 3-0 at Elizabeth Lyle Robbie Stadium.

Despite the loss to the border rivals, Head Coach Kellogg was pleased with his team's effort on Friday night.

"I walked away from tonight's game very proud of our group," Kellogg said. "We played an extremely dangerous top-20 team and gave up one goal through the run of play. We were able to create some dangerous chances of our own, but just couldn't capitalize on them."

While the Gophers did score three goals, only one came during the heat of battle. Minnesota's first goal was scored off a penalty kick, the second came off a set play from a corner and the third goal was scored off a breakaway. All three goals came in the first half.

Coach Kellogg was very happy with his team's effort in the second half, as the Gophers didn't muster up very many chances. "We made some adjustments at halftime and the players were able to keep Minnesota off the board in the second half," Kellogg said.

Reigning Big Sky Defensive Player of the Week and freshman goalkeeper

Catherine Klein kept UND in the game with 16 saves. The 16 saves by the freshman was a career-high. She just narrowly missed the UND single-game record of 18 set back in 2014 by former goalkeeper Kristen Hestdalen. Klein made a total of seven saves in the first half, while stopping all nine shots she saw in the second half.

The loss to the Gophers is UND's first of the season. UND now moves to 1-1-1 overall. UND heads out to take former NCC rival Nebraska-Omaha on Sunday afternoon. The kick-off against the Mavericks is set for noon in Omaha, Neb.

When UNO hosts the Fighting Hawks, it will be the third game of four straight home games at Caniglia Field. The Mavs, who come off a home loss to in-state rivals Creighton 3-1, are 1-1 on the season.

The Summit League Mavericks also have an excellent stopgap in net. In a win over UMKC to start off the season, Maverick goalkeeper Hayley Shelton made 8 saves in a 2-0 win. That performance by Shelton earned her Big Sky Defensive Player of the Week.

It's going to be a tough game for the Fighting Hawks, who have scored only one goal through three games. Heading out on the road for another tough matchup against a difficult team with a talented goalkeeper, Kellogg and the team will need to be game ready Sunday in Omaha.

Hunter Plante is a staff writer for The Dakota Student. He can be reached at hunter.plante@und.edu



Photo by Nick Nelson/The Dakota Student

UND Goaltender Catherine Klein nearly sets new record for saves in a single game.

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Soccer rivalry reignites with Omaha Mavericks

The Fighting Hawks fall further in the hole as they add another game in the loss column

HUNTER PLANTE
THE DAKOTA STUDENT

A key in an old-fashioned sports outing is the tough physical rivalries that the teams bring to the game. From college battles between USC vs. UCLA and the big league Boston Red Sox match up against the New York Yankees.

Ever since the North Central Conference was dissolved eight years ago, most of UND's rivalries from that conference have vanished, including the one with Nebraska-Omaha. That rivalry came alive again Sunday afternoon, this time it was on the field.

The Fighting Hawks traveled to Omaha, Neb. to take on the Omaha Mavericks in a non-conference matchup. The Mavs jumped on the board with two quick goals that came within two minutes of each other. The Hawks attempts to climb back fell short and they were unable to see redemption.

"We gave up two early goals today and we were just a step late the whole match," head coach Matt Kellogg said.

Mavericks Carlie Cook scored the first goal of the afternoon for Omaha just 2:30 into the game, her third of the season.

Moments later, Ava Doestch scored her first goal of the season as she fired a shot that deflected off of freshman goalkeeper Catherine Klein and into the net to give the Mavericks a 2-0 lead.



Photo by Nick Nelson/The Dakota Student

Sydney Griffin and Faith Dooley set up to block opponents during match last season.

The Hawks have run into difficulties as of late, as they have not only been unable to find the back of the net but trouble defending their own.

Coming off of a tough loss to Big Ten foe Minnesota just two days earlier, UND needed a fast start and a strong performance from the entire team, unfortunately for the Hawks, the Mavs goaltending was on the ball.

"We're a young resilient team that will bounce back this week," said Kellogg.

"The good news is we don't have to wait long to get back on the field and make things right."

UND boasted another fantastic performance from

star freshman goalkeeper, Catherine Klein. Klein stopped eight out of ten Omaha shots, which vaulted her save percentage for four games to an impressive .894.

Sophomore forward, Katie Moller, led the Fighting Hawks with three shots on the day, to extend her team leading total of six shots on goal on the year.

"Sometimes a quick turnaround like this week is the best thing," said Kellogg on the quick turnaround. "We have to learn what we can from this game and put it behind us and focus on SDSU coming to town on Wednesday."

The Hawks will wrap up their home stand after a mid-week battle of the bor-

ders against South Dakota State. The afternoon game is set for 4 P.M. at Bronson Field.

The Jackrabbits come off a tight match up against the Kansas Jayhawks that resulted in a 1-1 draw bringing their record to 1-2-1.

Hunter Plante is a sports editor for The Dakota Student. She can be reached at hunter.plante@und.edu

UND falls to USD in new Sanford Coyotes Sports Center

USD christens new sports center as they defeat the Fighting Hawks 3-1

ADAM GUNDERMAN
THE DAKOTA STUDENT

The University of South Dakota opened the Sanford Coyotes Sports Center this week, and wasted no time taking a win as they defeated UND 3-1 in front of a crowd boasting 2,401 on Tuesday evening.

The night looked promising for UND, they were leading the Coyotes 14-11 in the first set. The Coyotes came back and went on a 9-3 run to take a 20-17 lead over the Hawks. UND wasn't out yet, they crawled back to make it 23-23, but the Coyotes sealed the set 25-23.

The second set favored the Coyotes and they dominated the Hawks 25-8.

A comeback looked possible, UND was able to stave off the sweep with a 25-23 victory. Junior outside hitter, Chai Pappa, was able to produce back-to-back aces which kick-started UND's offense to make the score 20-17 after a 6-0 run by the Hawks. USD countered and tied the match up, but an attack error and a kill by Jordan Vail shut the door on a comeback.

A hot streak at the beginning of the fourth set allowed South Dakota to silence the Hawks. After scoring the first seven points of the fourth match, the Coyotes were able to coast to a 25-14 win over the Hawks.

"Tonight, we passed very well, but our hitting errors got us," UND head coach Mark Pryor said. "We did not move the ball around near enough to beat a team that was very motivated."

The Hawks had a rough night, but UND head coach Mark Pryor saw some positives.



Photo by Nick Nelson/The Dakota Student

UND Goaltender Catherine Klein nearly sets new record for saves in a single game.

"I am confident we will-- we will be ready to roll for Big Sky Conference play."

Mark Pryor
Head Coach

"Here's what I like, though. We are seeing glimpses of very high-level play. That are starting to become more frequent." Pryor said, "Once we are able to

maintain that a little more-- and I am confident we will-- we will be ready to roll for Big Sky Conference play."

While the Hawks were not able to return to Grand

Forks with a victory, there are some things to be excited about moving forward.

Tamara Merseli has made a big impact on the team so far. The junior transfer re-

corded her first double double for UND with 15 kills and 13 digs, and was named to the UND Classic All-Conference team last week.

Another newcomer had a

good night for UND as well. Sophomore transfer, Jordan Vail came away with six of UND's eight blocks. The six blocks by Vail matched up to one less than the entire USD squad.

Add the new faces to the mix with veterans such as Chelsea Moser and Faith Dooley and you can see why this team can still make some serious noise in the Big Sky conference.

This weekend, the Fighting Hawks take on two Texas teams. Beginning Friday night, Sept. 2, they square off against Texas-El Paso. Saturday evening, Sept. 3, the Hawks matchup against Texas Tech. Both matches are set to start at 7 P.M.

Adam Gunderman is a sports editor for The Dakota Student. She can be reached at adam.gunderman@und.edu

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UND men's football ready to kick off the season

ALLYSON BENTO
THE DAKOTA STUDENT

As students return to campus and summer begins to wind down, another season starts; football season. The Fighting Hawks have been hard at work this summer since camp opened Aug. 5, but there is still plenty of work to be done.

Along with the returning players, an additional 23 freshman have been added to the roster.

"We've had a good fall camp. We are better now than when we started, which is always the goal," Head Coach Bubba Schweigert said. "From the coaching side, we always want to continue to make progress, but we were able to get some young guys evaluated that we feel can help us during the season."

Looking back on last

season, the Hawks nabbed five out of their eight conference games putting them in the middle of the pack. The team powered through a tough October as they face three consecutive losses, they would come back and set a record with their first three game win streak under Bubba Schweigert. The final push left the team with a 7-4 overall record, a two game improvement from the previous season.

The season boasted conference leading defense for the second consecutive season and an improved offense, with the spotlight on their freshman running back, John Santiago, who posted record-breaking numbers.

Santiago's performance led him to be named the Co-Big Sky Freshman of the Year along with receiving All-America honors from



Photo by Nick Nelson/The Dakota Student



Photo by Nick Nelson/The Dakota Student

John Santiago during game against MSU last season.

UND Quarterback in action against the UNC bears last season.

the Associated Press and STATS, Inc. The accolades continued as Santiago was also selected for All-Big Sky first team, joined on that team by senior linebacker Will Ratelle and offensive lineman Sean Meehan.

Along with Santiago returning to his starting role, 18 others will claim their starting positions for another year including junior quarterback, Keaton Studrud.

After last season's performance, the Hawks hold

the fourth place spot in the Big Sky preseason media poll, and they only fall a single slot into fifth for the Big Sky preseason Coaches' poll.

Now with new additions and skilled veterans, Schweigert and the coaching staff are looking ahead to a hopeful season beginning with a season opener against Stony Brook.

"We have some veterans that made some progress as well and that is what we're looking for," Schweigert

said. "If you're on a work team, you've got to do your best and give the best look that you can because we have a lot of work to do to get ready for Stony Brook."

In the last meeting between these two teams in 2014, UND came out victorious in the final 13-3, and they currently hold a 2-0 record overall against the Seawolves. Stony Brook ended their season on the same foot as UND, with a three game win streak, although the Seawolves over-

all record for 2015 broke even with five games in each column.

The Hawks will begin the season on the road on Sept. 1 at Stony Brook at 6 P.M CT. The home opener for UND will follow on Sept. 17th in the 51st annual Potato Bowl against South Dakota.

Allyson Bento is the sports editor for The Dakota Student. She can be reached at allysonmarie.bento@und.edu

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